

# Nociceptive steady-state evoked potentials elicited by rapid periodic thermal stimulation of cutaneous nociceptors

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## ABSTRACT

(242 words)

1 The periodic presentation of a sensory stimulus induces, at certain frequencies of  
2 stimulation, a sustained electroencephalographic response known as steady-state  
3 evoked potential (SS-EP). In the somatosensory, visual and auditory modalities, SS-  
4 EPs are considered to constitute an electrophysiological correlate of cortical sensory  
5 networks resonating at the frequency of stimulation. In the present study we describe  
6 and characterize, for the first time, SS-EPs elicited by the selective activation of skin  
7 nociceptors in humans. The stimulation consisted of 2.3 s long trains of 16 identical  
8 infrared laser pulses (frequency: 7 Hz), applied to the dorsum of the left and right  
9 hand and foot. Two different stimulation energies were used. The low energy  
10 activated only C-nociceptors, whereas the high energy activated both A $\delta$ - and C-  
11 nociceptors. Innocuous electrical stimulation of large-diameter A $\beta$ -fibres involved in  
12 the perception of touch and vibration was used as control. The high-energy  
13 nociceptive stimulus elicited a consistent SS-EP, related to the activation of A $\delta$ -  
14 nociceptors. Regardless of stimulus location, the scalp topography of this response  
15 was maximal at the vertex. This was noticeably different from the scalp topography of  
16 the SS-EPs elicited by innocuous vibro-tactile stimulation, which displayed a clear  
17 maximum over the parietal region contralateral to the stimulated side. Therefore, we  
18 hypothesize that the SS-EPs elicited by the rapid periodic thermal activation of  
19 nociceptors may reflect the activation of a network which is preferentially involved in  
20 processing nociceptive input, and may thus provide some important insight into the  
21 cortical processes generating painful percepts.

## 1 INTRODUCTION

2 In 1976, Carmon et al. showed that infrared lasers can be used to activate skin  
3 nociceptors selectively and synchronously enough to elicit measurable event-related  
4 brain potentials (ERPs) in the human electroencephalogram (EEG). Following this  
5 seminal study, a large number of investigators have relied on the recording of laser-  
6 evoked potentials (LEPs) to study how the human brain processes nociceptive input,  
7 both in healthy individuals and disease (Treede et al., 1999; Garcia-Larrea et al.,  
8 2003; Bushnell and Apkarian, 2005). Source analysis studies have suggested that  
9 LEPs reflect activity originating from an extensive array of cortical structures,  
10 including bilateral operculo-insular and anterior cingulate cortices, a finding which has  
11 been corroborated by magnetoencephalography, intra-cerebral recordings, as well as  
12 functional magnetic resonance imaging and positron emission tomography (Peyron et  
13 al., 1999; Frot and Mauguiere, 2003; Garcia-Larrea et al., 2003; Kakigi et al., 2005).

14 A number of investigators have suggested that LEPs reflect at least partially the  
15 neural processes by which nociceptive inputs are *specifically* transformed in a painful  
16 percept (e.g. Treede et al., 1988; Baumgartner et al., 2006). For this reason, it has  
17 been hypothesized that LEPs constitute a reliable approach to study how pain is  
18 “represented” in the brain (Treede et al., 2000). However, there is also growing  
19 evidence indicating that *the largest part* of LEPs could reflect cortical activity that is  
20 *unspecific* for nociception, and related to multimodal cognitive processes involved in  
21 the orientation of attention towards the occurrence of salient sensory events

1 (reviewed in Iannetti and Mouraux, 2010; Legrain et al., in press). Hence, novel  
2 approaches are needed to identify brain responses that are more closely related to  
3 nociceptive processing (Stowell, 1984b).

4 In 1966, Regan described the recording of steady-state evoked potentials (SS-EPs)  
5 as an alternative approach to characterize stimulus-evoked activity in the EEG  
6 (Regan, 1966, 1989). Unlike conventional transient ERPs, which reflect a phasic  
7 cortical response triggered by the occurrence of a brief stimulus, SS-EPs reflect a  
8 sustained cortical response induced by the long-lasting periodic repetition of a  
9 sensory stimulus (Vialatte et al., 2010). These steady-state responses are thought to  
10 result from an entrainment or resonance of a population of neurons responding to the  
11 stimulus at the frequency of stimulation (Herrmann, 2001; Muller et al., 2001; Vialatte  
12 et al., 2010). A large number of studies have used this approach to explore the  
13 cortical activity involved in processing other sensory modalities, and have shown that  
14 this technique is effective to capture neural activity related to sensory processing,  
15 originating mainly from primary sensory cortices (Snyder, 1992; Pantev et al., 1996;  
16 Kelly and Folger, 1999; Tobimatsu et al., 1999; Plourde, 2006; Srinivasan et al.,  
17 2006; Giabbiconi et al., 2007; Vialatte et al., 2010).

18 The aim of the present study was to identify, for the first time, SS-EPs elicited by the  
19 periodic stimulation of nociceptive afferents, and, thereby, open a new window for  
20 studying the cortical processing related to pain perception in humans.

## 1    **METHODS**

### 2    **Participants**

3    Eight healthy volunteers (5 males and 3 females, 7 right-handed, aged 22 to 35  
4    years) took part in the study. They had no history of neurological, psychiatric or  
5    chronic pain disorders, and no recent history of psychotropic or analgesic drug use.  
6    Before the experiment, they were familiarized with the experimental setup and  
7    exposed to a small number of test stimuli (3-5 stimuli at each stimulus location).  
8    Written informed consent was obtained from all participants. The study was approved  
9    by the local Ethics Committee.

### 10   **Steady-state thermal stimulation of A $\delta$ - and C-nociceptors**

11   At present, infrared laser stimulation of the skin constitutes the most reliable method  
12   to activate selectively and synchronously A $\delta$ - and C-fibre skin nociceptors (Plaghki  
13   and Mouraux, 2003, 2005). The high energy output of the laser allows heating the  
14   skin above the threshold of nociceptors in just a few milliseconds. However, the slow  
15   passive cooling of the skin implies that the temperature returns to baseline only after  
16   several seconds. Therefore, because a requirement for the recording of SSEPs is the  
17   ability to deliver a large number of nociceptive stimuli at a high repetition rate, an  
18   experimental setup was devised to allow rapidly displacing the target of the laser  
19   beam, such that the repeated stimuli would not be delivered to the same skin spot,  
20   and, thereby, avoid skin overheating, nociceptor sensitization and/or nociceptor  
21   habituation.

Pulses of radiant heat (stimulus duration: 20 ms) were generated by a CO<sub>2</sub> laser (wavelength: 10.6  $\mu$ m) designed and built in the Department of Physics of the Université catholique de Louvain. At the energies used in the present study, this laser is able to generate laser pulses with a highly reproducible energy output (variance from trial-to-trial <1%; Plaghki et al., 1994). The irradiance profile of the laser beam has a Gaussian shape. At target site, beam radius was 2.5 mm (defined as the distance from the beam axis where the radiant energy is reduced to 13.5% of the maximum energy).

The laser stimuli were applied in trains of 16 consecutive laser pulses, using a repetition rate of 7 Hz (train duration: 2.3 s). The target of the laser was displaced immediately after each pulse, using a flat mirror set on a two-axis computer-controlled device powered by two high-speed servo-motors (HS-422, Hitec RCD, USA; angular speed: 60°/160 ms) (Figure 1, left panel). The displacement followed a 4x4 zigzag path, such that the same spot was stimulated only once in each train (Figure 1, right panel). The distance between two consecutive stimuli was ~5 mm. After each train, the position of the laser target (i.e. the position of the first stimulus of the following train) was displaced to a random position on the hand dorsum. The inter-train interval was varied between 7 and 10 seconds, using a rectangular distribution.

High energy laser stimuli were used to concomitantly activate A $\delta$ - and C-fibre skin nociceptors ('A $\delta$ +C' stimulus), whereas low energy laser stimuli were used to activate C-fibre free nerve endings selectively ('C' stimulus). Indeed, because the thermal activation threshold of C-fibre afferents is consistently lower than the thermal

1 activation threshold of A $\delta$ -fibre afferents (difference: 2.3-3°C; Plaghki et al., 2010),  
2 reducing the energy density of the laser stimulus constitutes one of the previously  
3 validated methods to activate C-nociceptors selectively (reviewed in Plaghki and  
4 Mouraux, 2002, 2005; Plaghki 2007), and this approach has been already used  
5 successfully in several previous studies (e.g. Treede et al., 1995; Towell et al., 1996;  
6 Magerl et al., 1999; Agostino et al., 2000; Tran et al., 2002; Cruccu et al., 2003;  
7 Iannetti et al., 2003; Mouraux et al., 2003; Qiu et al., 2006; Mouraux and Plaghki  
8 2007).

9 Before the experimental session, for each participant and for each stimulation site,  
10 the energies of the 'A $\delta$ +C' and 'C' laser stimuli were defined individually, as follows.  
11 Reaction-times were used as criterion to estimate the thermal detection threshold of  
12 the sensations mediated by A $\delta$ - and C-fibres, respectively. Threshold estimates were  
13 obtained by the means of two interleaved staircases, using a validated method  
14 described in Plaghki (2007), as well as in Mouraux and Plaghki, 2007. The first  
15 staircase converged towards the threshold (50% detection rate) for detecting *any*  
16 sensation. Because (1) the thermal activation threshold of C-fibres is lower than that  
17 of myelinated A $\delta$ -fibres and (2) the conduction velocity of unmyelinated C-fibres is  
18 much lower than that of myelinated A $\delta$ -fibres (Bromm and Treede, 1984; Bjerring and  
19 Arendt-Nielsen, 1988; Mouraux et al., 2003; Nahra and Plaghki, 2003; Mouraux and  
20 Plaghki, 2007), the threshold estimated using this first staircase can be assumed to  
21 reflect the detection threshold of C-fibre mediated sensations (i.e. "second pain").  
22 The second staircase converged towards the threshold (50% detection rate) *for*  
23 *detecting the stimulus with a RT <650 ms*. Taking into account the peripheral

1 conduction distance, such RT latencies are only compatible with the greater  
2 conduction velocity of myelinated A $\delta$ -fibres. Hence, the threshold estimated using  
3 this second staircase may be assumed to reflect the detection threshold of A $\delta$ -fibre  
4 mediated sensations (i.e. “first pain”). For each of the two staircases, the energy of  
5 the first stimulus was 500 mJ, and the initial step size was 50 mJ. After the first  
6 staircase reversal, the step size was reduced to 25 mJ.

7 The energy of the ‘A $\delta$ +C’ stimulus was then set to ~50 mJ above the estimated  
8 threshold of A $\delta$ -nociceptors, while the energy of the ‘C’ stimulus was set to ~50 mJ  
9 above the estimated threshold of C-nociceptors. Importantly, for each participant and  
10 stimulation site, it was ensured that the energy of the ‘A $\delta$ +C’ stimulus elicited only  
11 detections with RT <650 ms, and that the energy of the ‘C’ stimulus elicited only  
12 detections with RT >650 ms, by recording reaction-times to 3-5 additional single laser  
13 pulses.

14 Calibration of the stimulus energy was performed at the end of each experiment  
15 using an optical energy meter (13PEM001, Melles Griot, The Netherlands).  
16 Measurement of the baseline skin temperature at target site was also performed, at  
17 the beginning and end of each experiment using an infrared thermometer (Tempet,  
18 Somedic, Sweden).

19

## 20 **Experimental design**

21 Stimuli were applied in blocks at one of four stimulation sites (left hand dorsum, right  
22 hand dorsum, left foot dorsum, right foot dorsum), using one of two different energies



(referred to as 'A $\delta$ +C' and 'C'). This resulted in a total of eight stimulation blocks (4 stimulation sites x 2 stimulation energies). Each block consisted in ten trains of laser pulses. The order of the blocks was pseudo-randomized across participants, such that the same site was never stimulated twice in a row. The entire procedure lasted approximately 1 hour.

## **Electrophysiological measures**

The EEG was recorded using 64 Ag-AgCl electrodes placed on the scalp according to the International 10/10 system (Waveguard64 cap, Cephalon A/S, Denmark), using a common average reference. Ground electrode was positioned on the forehead. Ocular movements and eye-blinks were recorded using two additional surface electrodes placed at the upper-left and lower-right sides of the left eye. Signals were amplified and digitized using a sampling rate of 1,000 Hz (64-channel high-speed amplifier, Advanced Neuro Technology, The Netherlands).

## **Data analysis**

All EEG processing steps were carried out using Analyzer 1.05 (Brain Products, Germany), Letswave (<http://nocions.webnode.com/letswave>) (Mouraux and Iannetti, 2008), Matlab (The MathWorks, USA) and EEGLAB (<http://sccn.ucsd.edu>).

Continuous EEG recordings were filtered using a 1-Hz high-pass Butterworth zero-phase filter, to remove slow drifts in the recorded signals. Non-overlapping EEG epochs were obtained by segmenting the recordings from 0 to 2000 ms (stimulation epochs) and from -2000 to 0 ms (stimulation-free epochs serving as control) relative to the onset of each stimulation train, thus yielding a total of 10 stimulation epochs

1 and 10 stimulation-free epochs per stimulation block. Epochs containing artifacts  
2 exceeding 250  $\mu\text{V}$  were rejected from further analyses. Based on this criterion, the  
3 rejection rate of epochs was  $6 \pm 5\%$  (group-level mean  $\pm$ sd).

4 For each subject, stimulation site and stimulation energy, artifact-free EEG epochs  
5 were averaged such as to attenuate the contribution of activities non phase-locked to  
6 the stimulation train. The obtained average waveforms were then transformed in the  
7 frequency domain using a discrete Fourier transform (FFTW) (Frigo and Johnson,  
8 1998), yielding a power spectrum ( $\mu\text{V}^2$ ) ranging from 0 to 500 Hz with a frequency  
9 resolution of 0.25 Hz (Bach and Meigen, 1999).

10 Within the obtained power spectrums, the power at the frequency of 7 Hz (i.e. the  
11 frequency of stimulation) was measured. That measure of signal power may be  
12 expected to correspond to the sum of (1) the stimulus-evoked steady-state response  
13 and (2) unrelated residual background “noise” due, for example, to spontaneous EEG  
14 activity, muscle activity and eye movements. Therefore, to obtain valid estimates of  
15 the magnitude of the recorded SS-EPs, the contribution of this residual noise was  
16 removed by subtracting, at each electrode, the average power measured at  
17 neighbouring frequencies, i.e., the four frequency bins ranging from 6.0 – 6.5 Hz and  
18 from 7.5 – 8 Hz (Srinivasan et al., 1999). For each subject, stimulation site and  
19 stimulation energy, it was then examined whether the magnitude of the subtracted  
20 signal power was significantly greater than zero, using a Wilcoxon signed rank test.  
21 Indeed, in the absence of a steady-state response, the average of the *subtracted*  
22 signal power may be expected to tend towards zero. Significance level was set at p  
23  $< 0.05$ .

1 To estimate the latency, scalp topography and sources of the elicited nociceptive SS-  
2 EPs, additional average waveforms were computed as follows. First, continuous EEG  
3 recordings were filtered using a narrow 6-8 Hz band-pass Butterworth zero-phase  
4 filter, such as to filter-out signal-changes unrelated to the steady-state response.  
5 Non-overlapping EEG epochs were then obtained by segmenting the recordings from  
6 0 to 140 ms relative to the onset of each of the 16 pulses of the train. For each  
7 stimulation block, this resulted in a total of 160 epochs (10 trains x 16 pulses). EEG  
8 epochs were then averaged across trials. Within these band-pass filtered average  
9 waveforms, the SS-EP appeared, at electrode Cz, as a negative peak followed by a  
10 positive peak.

11 *Analysis of response latency.* To examine the effect of peripheral conduction distance  
12 and peripheral conduction velocity of the afferents mediating nociceptive SS-EPs, the  
13 latency of the SS-EPs elicited by lower and upper limb stimulation (left hand vs. left  
14 foot; right hand vs. right foot) were estimated by measuring the latency of the  
15 negative peak following stimulation of the left hand, right hand, left foot and right foot,  
16 measured at electrode Cz. Obtained latencies were compared using a 2-way  
17 repeated-measures ANOVA with 'stimulation side' (left or right) and 'limb extremity'  
18 (hand or foot) as experimental factors. Post-hoc pairwise comparisons were  
19 performed using paired-sample t tests. Significance level was set at  $p < 0.05$ .

20 *Scalp topography and source analysis.* Grand-average topographical maps were  
21 computed by spherical interpolation, using the amplitude of the negative peak of the  
22 steady-state response. Source locations were modelled by fitting a single equivalent  
23 dipole to the obtained topographical maps, using an algorithm based on a nonlinear

optimization technique, and a standardized boundary element head model (*dipfit2*) (Woody, 1967; Fuchs et al., 2002). Dipole locations outside the head, and dipole models with a residual variance exceeding 40% were excluded.

#### **Control experiment**

Innocuous somatosensory SS-EPs were recorded in three healthy volunteers (2 males and 1 female, all right-handed, aged 24 to 32 years). Such as in the main experiment, subjects were at first familiarized with the experimental setup and exposed to a small number of test stimuli (3-5 stimuli at each stimulus location).

*Steady-state innocuous somatosensory stimuli* were delivered in 3-s long trains of rapidly repeated low-intensity transcutaneous electrical pulses, applied to the left or right *nervus radialis superficialis* at the level of the wrist ('A $\beta$ ' stimulus, see Figure 2). Inter-train interval was 5 s. Each individual electrical pulse consisted of a constant-current square wave lasting 0.1 ms, separated by a 5 ms inter-pulse interval. The intensity of the electrical pulse was individually-adjusted, such that a single pulse elicited a mild non-painful paraesthesia in the skin area innervated by the stimulated nerve ( $1.7 \pm 0.4$  mA). The trains of stimulation were modulated by a repeating boxcar function, such that within each train, periods of stimulation were alternated with periods without stimulation of equal duration, with a periodicity of 3, 6, 9, 12, 18 and 30 Hz. A total of 144 trains were delivered at each stimulation site (24 trains x 6 frequencies of stimulation, delivered in pseudo-random order, such that the same site was never stimulated twice in a row). The entire acquisition lasted approximately 1 hour.

1 Electrophysiological measures and analyses were performed using the same  
2 procedures as described above for the main experiment.

### 3 **RESULTS**

#### 4 **Thermal activation thresholds**

5 When a single laser stimulus was applied, the thermal activation threshold of C-  
6 nociceptors was  $5.8 \pm 1.0$  mJ/mm<sup>2</sup> at the left hand,  $6.2 \pm 0.9$  mJ/mm<sup>2</sup> at the right hand,  
7  $6.1 \pm 1.1$  mJ/mm<sup>2</sup> at the left foot and  $6.3 \pm 0.8$  mJ/mm<sup>2</sup> at the right foot (group-level  
8 average  $\pm$ SD). The thermal activation threshold of A $\delta$ -nociceptors was  $9.8 \pm 0.9$   
9 mJ/mm<sup>2</sup> at the left hand,  $8.6 \pm 1.4$  mJ/mm<sup>2</sup> at the right hand,  $10.2 \pm 1.5$  mJ/mm<sup>2</sup> at the  
10 left foot and  $9.3 \pm 1.3$  mJ/mm<sup>2</sup> at the right foot.

11 Whatever the stimulation site, applying a single 'A $\delta$ +C' laser pulse elicited a clear  
12 pricking sensation which was detected with a reaction-time compatible with the  
13 conduction velocity of A $\delta$ -fibres (left hand:  $353 \pm 55$  ms; right hand:  $336 \pm 88$  ms; left  
14 foot:  $354 \pm 59$  ms; right foot:  $360 \pm 81$  ms), whereas applying a single 'C' laser pulse  
15 elicited a long-lasting warm sensation which was detected with a reaction-time  
16 compatible with the conduction velocity of C-fibres (left hand:  $954 \pm 115$  ms; right  
17 hand:  $1,032 \pm 126$  ms; left foot:  $1,283 \pm 280$  ms; right foot:  $1,354 \pm 164$  ms).

18 Trains of 'A $\delta$ +C' stimuli elicited a continuous painful pricking and burning sensation  
19 (similar to the sensation elicited by the contact with stinging nettles), whereas trains  
20 of 'C' stimuli elicited a continuous warm and sometimes burning sensation. For both

the 'A $\delta$ +C' and the 'C' stimulus, subjects did not perceive the individual stimuli within the train, nor did they perceive a movement of the stimulus across the skin.

At each stimulation site, the skin temperatures measured at the beginning (left hand: 32.0  $\pm$ 1.3  $^{\circ}$ C; right hand: 31.8  $\pm$ 1.1  $^{\circ}$ C; left foot: 31.5  $\pm$ 0.9  $^{\circ}$ C; right foot: 31.3  $\pm$ 1.1  $^{\circ}$ C) and end (left hand: 31.8  $\pm$ 0.9  $^{\circ}$ C; right hand: 31.4  $\pm$ 1.5  $^{\circ}$ C; left foot: 31.5  $\pm$ 1.1  $^{\circ}$ C; right foot: 31.6  $\pm$ 0.7  $^{\circ}$ C) of the experiment were not significantly different.

### **SS-EPs elicited by the co-activation of A $\delta$ - and C-nociceptors**

For all stimulus locations, the 'A $\delta$ +C' stimulus elicited a marked increase of signal power centred at 7 Hz, i.e. at the frequency of stimulation (Figure 3, left panel). No significant increase of signal power was observed at the harmonics of this fundamental frequency. Independently of the stimulation site, the scalp topography of the elicited response was maximal at the vertex (electrode Cz), and was symmetrically distributed over both hemispheres (Figure 4, left panel).

After subtraction of the surrounding frequency bins to account for residual background noise, the magnitude of the steady-state response was, at electrode Cz, 264  $\pm$ 105  $\mu$ V<sup>2</sup> following stimulation of the left hand, 188  $\pm$ 78  $\mu$ V<sup>2</sup> following stimulation of the right hand, 141  $\pm$ 65  $\mu$ V<sup>2</sup> following stimulation of the left foot, and 115  $\pm$ 72  $\mu$ V<sup>2</sup> following stimulation of the right foot (Figure 3, left panel). At all stimulus locations, this increase of signal power was significantly greater than zero (left hand: p =0.03; right hand: p =0.01; left foot: p =0.04; right foot: p =0.02). No corresponding increase of signal power was observed within the stimulation-free EEG epochs serving as

1 controls (left hand:  $28 \pm 41 \mu V^2$ ,  $p = 0.74$ ; right hand:  $-13 \pm 21 \mu V^2$ ,  $p = 0.84$ ; left foot:  
2  $19 \pm 13 \mu V^2$ ,  $p = 0.11$ ; right foot:  $-15 \pm 6 \mu V^2$ ,  $p = 0.38$ ).

3 The latency of the 'A $\delta$ +C' SS-EPs elicited by stimulation of the lower limb extremities  
4 was significantly different from the latency of the SS-EPs elicited by stimulation of the  
5 upper limb extremities (Figure 5). Indeed, the repeated-measures ANOVA revealed a  
6 significant main effect of the factor 'limb extremity' ( $F = 14.8$ ,  $p = 0.006$ ; left foot – left  
7 hand:  $\Delta t = 41 \pm 13$  ms,  $p = 0.02$ ; right foot – right hand:  $\Delta t = 27 \pm 9$  ms,  $p = 0.02$ ). In  
8 contrast, there was no significant main effect of the factor 'stimulation side' ( $F = 0.2$ ,  $p$   
9  $= 0.67$ ; right hand – left hand:  $\Delta t = 11 \pm 7$  ms; right foot – left foot:  $\Delta t = -2 \pm 17$  ms), and  
10 no significant interaction between the two factors ( $F = 1.0$ ,  $p = 0.35$ ). This observation  
11 suggests that the SS-EPs elicited by stimulation of the lower limb extremities was  
12 slightly but significantly delayed as compared to the SS-EPs elicited by stimulation of  
13 the upper limb extremities.

14 Source analysis of the SS-EPs elicited by 'A $\delta$ +C' stimuli applied to either the left  
15 hand or the right hand could be modelled with a very low residual variance (left hand:  
16 4.8%; right hand: 2.8%) using a single radial dipole located in anterior midline brain  
17 structures (left hand:  $x=0$ ,  $y=-19$ ,  $z=37$ ; right hand:  $x=0$ ,  $y=-22$ ,  $z=48$ ; Montreal  
18 Neurological Institute coordinates), possibly within the posterior part of the anterior  
19 cingulate cortex (Figure 6, left graphs). SS-EPs elicited by 'A $\delta$ +C' stimuli applied to  
20 the left or right foot were also best modelled by a single equivalent dipole located in  
21 midline brain structures (left foot:  $x=13$ ,  $y=50$ ,  $z=48$ ; right foot:  $x=6$ ,  $y=9$ ,  $z=39$ ), but  
22 the residual variance of the obtained models was relatively more important (left foot:  
23 23.2%, right foot: 14.7%).

## 1    **SS-EPs elicited by the selective activation of C-nociceptors**

2    Although the 'C' stimulus applied at a frequency of 7 Hz generated a clear percept in  
3    all participants and at all stimulation sites, it did not elicit a significant increase of  
4    EEG signal power (Figures 3 and 4, right panel). Indeed, at electrode Cz (but also at  
5    other electrodes), the magnitude of the remaining EEG power was not significantly  
6    different from zero after subtraction of the surrounding background noise (left hand: -  
7     $7 \pm 36 \mu V^2$ ,  $p = 0.94$ ; right hand:  $-18 \pm 12 \mu V^2$ ,  $p = 0.31$ ; left foot:  $54 \pm 59 \mu V^2$ ,  $p = 0.64$ ;  
8    right foot:  $21 \pm 19 \mu V^2$ ,  $p = 0.19$ ). In other words, the 'C' stimulus did not appear to  
9    elicit a measurable SS-EP.

## 10   **SS-EPs elicited by the activation of A $\beta$ -fibres**

11   For all stimulus locations (left and right hand), and for all stimulation frequencies (3,  
12   6, 9, 12, 18 and 30 Hz), the periodic electrical activation of innocuous A $\beta$ -fibres  
13   produced a strong but non-painful vibro-tactile sensation in the sensory territory of  
14   the stimulated nerve, and elicited a marked increase of EEG signal power centred at  
15   the frequency corresponding to the frequency of stimulation (Figure 7).

16   The scalp topography of the elicited SS-EPs was noticeably asymmetrical and  
17   dependent on the stimulated side. Indeed, at most frequencies of stimulation, the  
18   scalp topography was clearly maximal over the posterior parietal region contralateral  
19   to the stimulated side (Figure 7).

20   Whatever the frequency of stimulation, the sources of the SS-EPs elicited by 'A $\beta$ '  
21   stimuli applied to the left hand could be modelled effectively using a single equivalent  
22   dipole located in the right parietal lobe, while the sources of the SS-EPs elicited by



'A $\beta$ ' stimuli applied to the right hand could be modelled effectively using a single equivalent dipole located in the left parietal lobe. In particular, at the frequency of stimulation closest to the frequency of stimulation used to elicit nociceptive SS-EPs (i.e. 6 Hz), the SS-EPs elicited by 'A $\beta$ ' stimuli were modelled as a single tangential dipole located in the parietal lobe contralateral to the stimulated side, near the hand area of the primary somatosensory cortex (left hand: x=46, y=-17, z=30; right hand: x=-49, y=-40, z=22), with a very low residual variance (left hand: 7.3%, right hand: 3.7%) (Figure 6, right graphs).

## DISCUSSION

The present study shows, for the first time, that it is possible to record nociceptive steady-state evoked potentials in response to the rapid periodic thermal activation of cutaneous nociceptors in humans. Indeed, at 7 Hz, the periodic co-activation of A $\delta$ - and C-nociceptors elicited a clear SS-EP, which was maximal at the vertex and symmetrically distributed over both hemispheres. This scalp topography was best modelled as a radial source originating from the posterior part of the anterior cingulate cortex (ACC). It contrasted strongly with the lateralized scalp topography of the SS-EPs elicited by the activation of non-nociceptive A $\beta$ -fibres, which displayed a clear maximum over the parietal region contralateral to the stimulated side, and was best modelled as a tangential source originating from the contralateral primary somatosensory cortex (S1). Hence, because the pattern of cortical activity elicited by nociceptive stimulation was markedly different from the pattern elicited by non-nociceptive somatosensory stimulation, we hypothesize that nociceptive SS-EPs

1 reflect the activity of a cortical network preferentially involved in the processing of  
2 nociceptive input, distinct from the somatotopically-organized cortical network  
3 underlying tactile SS-EPs.

#### 4 **Functional significance of SS-EPs**

5 SS-EPs are often considered to be the consequence of a stimulus-driven entrainment  
6 of neurons responding to the eliciting periodic sensory stimulus (Herrmann, 2001;  
7 Muller et al., 2001; Vialatte et al., 2010). Supporting this interpretation, it has been  
8 shown that the magnitude of the SS-EP elicited by a flickering visual stimulus is  
9 markedly greater for particular frequencies of stimulation than for adjacent  
10 frequencies of stimulation, indicating a preference of the underlying neuronal  
11 oscillators for given frequencies of stimulation and its harmonics (Herrmann, 2001).  
12 Similar findings have been made concerning the SS-EPs elicited by auditory and  
13 somatosensory stimulation (Kelly et al., 1997; Kelly and Folger, 1999; Tobimatsu et  
14 al., 1999; Plourde, 2006). The preferred response frequencies of SS-EPs could be  
15 related to the temporal characteristics of the axonal connections constituting the  
16 resonating network of interconnected neurons (Herrmann, 2001).

17 What is the functional significance of the neural activity underlying these responses?  
18 SS-EPs elicited by visual, auditory and vibro-tactile stimuli have been shown to  
19 originate mainly from the corresponding primary sensory cortices (Snyder, 1992;  
20 Pantev et al., 1996; Kelly et al., 1997; Kelly and Folger, 1999; Srinivasan et al., 2006;  
21 Giabbiconi et al., 2007). Hence, it may be hypothesized that nociceptive SS-EPs  
22 reflect the entrainment of neurons that are at least partly involved in early, modality-  
23 specific, nociceptive processing.

## **SS-EPs related to the co-activation of A $\delta$ - and C-nociceptors**

Although thermal laser stimuli applied to the skin activate A $\delta$ - and C-nociceptors selectively (Treede et al., 1995), the morphology and scalp topography of LEPs are strikingly similar to the morphology and scalp topography of the late “vertex potentials” that can be elicited by stimuli belonging to any other sensory modality (Kunde and Treede, 1993; Mouraux and Iannetti, 2009). For this reason, some investigators have proposed that nociceptive ERPs reflect cortical activity that, for the greater part, is unspecific for nociception (Chapman et al., 1981; Stowell, 1984a; Andersson and Rydenhag, 1985; Mouraux and Iannetti, 2009), and related mainly to attentional orientation triggered by the transient nociceptive stimulus (Lorenz & Garcia-Larrea, 2003; Iannetti et al., 2008; Legrain et al., in press). In contrast, when a 7-Hz periodic train of nociceptive stimuli is applied such as to elicit an SS-EP, the different stimuli of the train are not perceived as distinct events (Lee et al., 2009). Hence, as compared to transient nociceptive ERPs, nociceptive SS-EPs are likely to be less imprinted by stimulus-driven attentional processes, and are thus more likely to reflect activity more specifically related to nociception.

Another important characteristic of SS-EPs is that they usually exhibit a high signal-to-noise ratio (Regan, 1966). While the power of the SS-EP is concentrated almost exclusively at the frequency of the stimulus (and its harmonics), the power of the ongoing EEG, as well as that of non-cerebral artifacts (e.g. eye blinks, muscular activity), are spread over a wide range of frequencies. Therefore, the contribution of non stimulus-related signals to the power measured at the specific frequency of the SS-EP is comparatively very small. Furthermore, the entrainment induced by the

1 periodic stimulation could enhance the magnitude of the recorded responses. For  
2 these reasons, nociceptive SS-EPs could reflect stimulus-triggered electro-cortical  
3 activity that is not captured consistently by conventional transient nociceptive ERPs  
4 and, hence, may constitute a unique mean to isolate and tag the activity of neurons  
5 responding to nociceptive stimulation.

6 In agreement with this view, the scalp topography of the nociceptive SS-EPs elicited  
7 by the co-activation of A $\delta$ - and C-nociceptors was markedly different from the scalp  
8 topography of the tactile SS-EPs elicited by the activation of non-nociceptive A $\beta$ -  
9 fibres, thus indicating that nociceptive and non-nociceptive somatosensory SS-EPs  
10 reflect activity originating from spatially-distinct cortical networks.

11 As in previous studies, we show that innocuous vibro-tactile stimulation of the  
12 lemniscal somatosensory pathway elicits an SS-EP whose scalp topography is  
13 maximal over the parietal region contralateral to the stimulated side (Snyder, 1992;  
14 Tobimatsu et al., 1999; Muller et al., 2001; Giabbiconi et al., 2004; Giabbiconi et al.,  
15 2007), and whose sources may be modelled as activity originating from the  
16 contralateral S1 (Snyder, 1992; Giabbiconi et al., 2007). In support of this  
17 interpretation, single-cell recordings performed in animals have shown that rapidly-  
18 adapting afferent units encoding vibro-tactile somatosensory input have strong  
19 projections to areas 3b and area 1 of the contralateral S1 cortex (Mountcastle et al.,  
20 1990).

21 Most interestingly, we show that nociceptive somatosensory stimulation does not  
22 elicit a similarly lateralized SS-EP, thus indicating that the contralateral S1 cortex

1 does not contribute in a similar way to the nociceptive SS-EP. One possible  
2 interpretation of this finding is that S1 is less consistently activated by the periodic  
3 stimulation of A $\delta$ - and C-nociceptors. Another interpretation is that while innocuous  
4 vibro-tactile input projects predominantly to area 3b and area 1 of S1, nociceptive  
5 input may project predominantly to a different area of S1, whose activation may not  
6 translate into a measurable SS-EP. In support of this second interpretation, a recent  
7 study has shown that while area 3b and area 1 contain very few nociceptive neurons,  
8 area 3a is densely populated by neurons responding vigorously to nociceptive  
9 stimulation (Whitsel et al., 2009). However, one should then explain why stimulus-  
10 triggered neuronal activity originating from a different area of S1 does not generate a  
11 scalp SS-EP. This could be due to the spatial location and/or orientation of these  
12 different neurons, or to the temporal characteristics of their response to repeated  
13 nociceptive stimulation, which may be not sufficiently phasic to generate, at 7 Hz, a  
14 measurable deflection in the EEG.

15 The scalp topographies and source analyses performed in the present study suggest  
16 that the identified nociceptive SS-EPs reflect activity originating mainly from anterior  
17 midline brain structures, possibly within the posterior part of the ACC. Evidently,  
18 given the low spatial resolution of EEG, especially when considering deep midline  
19 and/or bilateral cortical generators, a possible contribution from other brain structures  
20 such as the left and right operculo-insular cortices cannot be excluded. Nevertheless,  
21 the cortical activity giving rise to nociceptive SS-EPs does not appear to contribute  
22 significantly to the non-nociceptive somatosensory SS-EP. Therefore, we  
23 hypothesize that nociceptive SS-EPs reflect the activation of a cortical network

1 preferentially involved in the processing of nociceptive input. Interestingly, this  
2 proposal is supported by recent experimental evidence obtained using anterograde  
3 neuronal tracing in monkeys, showing that one of the main cortical targets of the  
4 spinothalamic system is the cingulate cortex, in particular, motor areas located on the  
5 medial wall of both cerebral hemispheres (Dum et al., 2009).

## 6 **SS-EPs related to the selective activation of C-nociceptors**

7 The selective activation of C-nociceptors did not elicit a consistent SS-EP. This  
8 indicates that the cortical network underlying the nociceptive SS-EPs elicited by the  
9 co-activation of A $\delta$ - and C-nociceptors is not similarly engaged by stimuli activating  
10 C-nociceptors selectively. Hence, we postulate that the SS-EPs elicited by the 'A $\delta$ +C'  
11 stimulus were primarily related to the periodic activation of A $\delta$ -nociceptors.

12 It is important to recall that the magnitude of the SS-EP response is not only  
13 determined by the average amplitude of the response, but also by the consistency of  
14 its phase over the large number of repeated cycles. Therefore, differences in the  
15 response properties of A $\delta$ - and C-nociceptors could explain why thermal nociceptive  
16 stimuli applied at a frequency of 7 Hz are able to elicit a rhythmic nociceptive afferent  
17 volley in A $\delta$ -fibres (leading to the appearance of an SS-EP), but not in C-fibres.  
18 Furthermore, assuming that the response properties of C-nociceptors *would* allow the  
19 generation of a periodic nociceptive afferent volley at the distal end of peripheral  
20 nociceptors, this periodicity could be blurred out by the important variability in C-fibre  
21 nerve conduction velocity (Torebjork and Hallin, 1974), or by the response properties  
22 of higher-order neurons relaying C-fibre input to the cortex. In other words, at  
23 present, it is not known whether the periodic thermal activation of C-nociceptors

1 generates, at 7 Hz, a truly periodic C-fibre input at the level of the central nervous  
2 system, nor is it known whether C-fibre input may elicit a measurable SS-EP using  
3 different stimulation frequencies.

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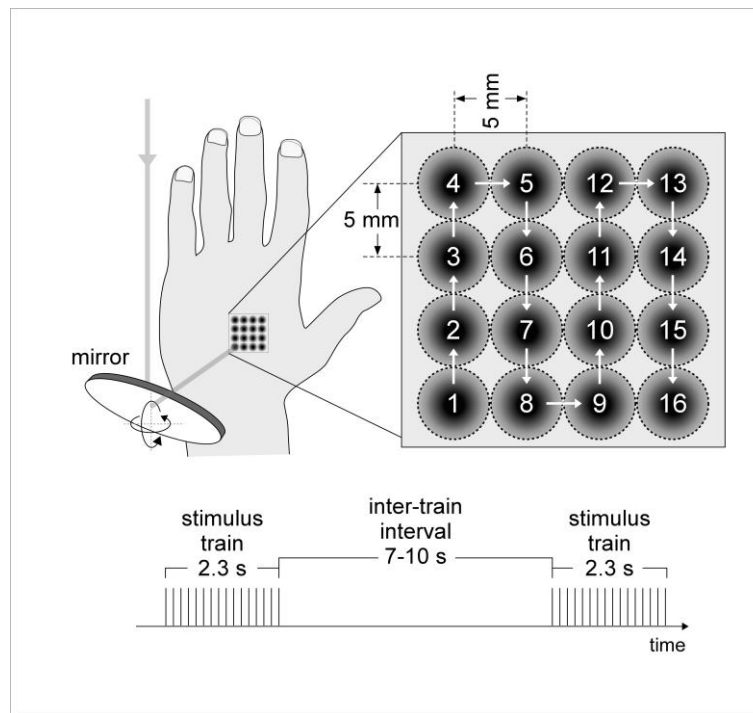
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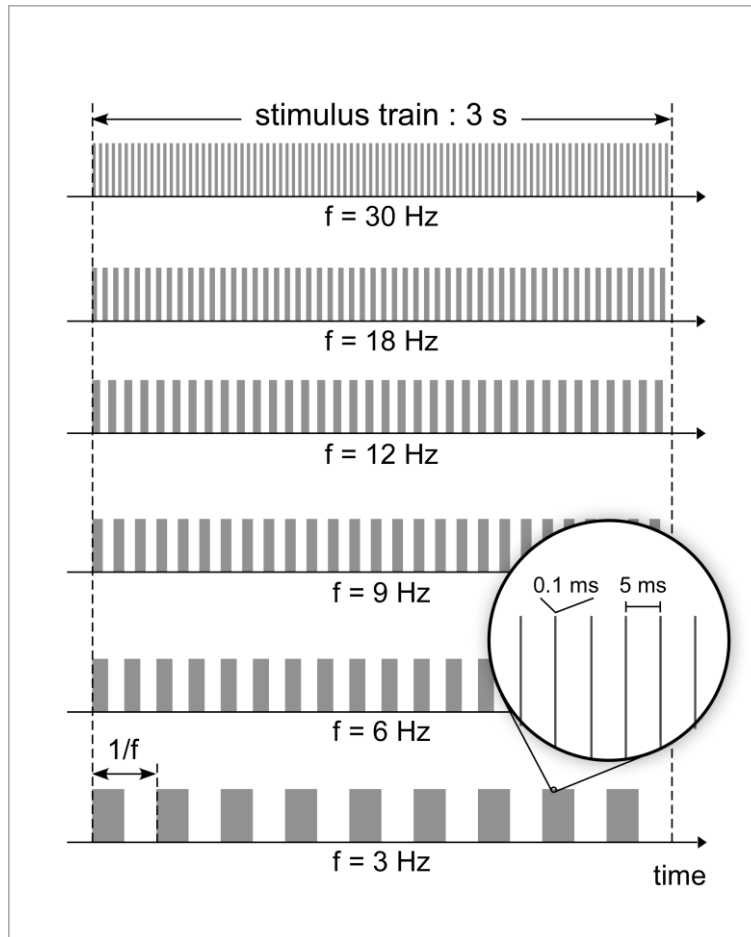
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## FIGURE LEGENDS



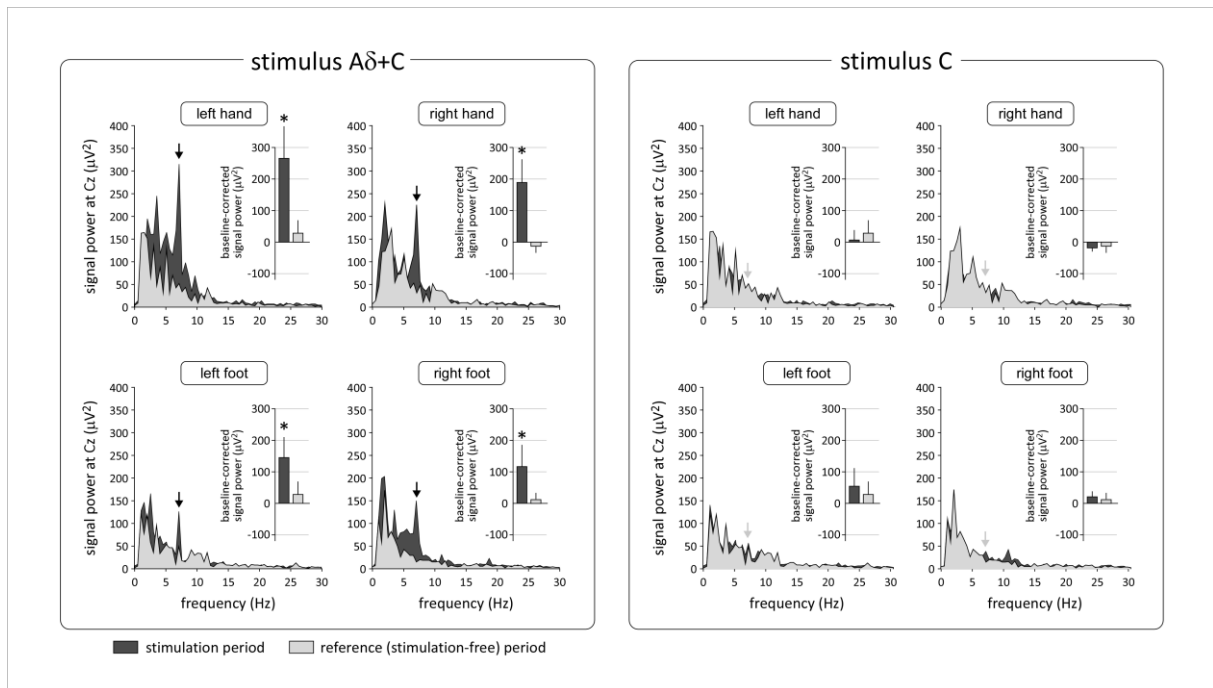
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2 Figure 1. Rapid periodic stimulation of A $\delta$ - and C-fibre skin nociceptors. Thermal  
 3 nociceptive CO<sub>2</sub> laser stimuli were applied in trains to the left and right hand and foot  
 4 dorsum (beam diameter at target site: 5 mm). Each train lasted 2.3 s and consisted of  
 5 16 consecutive laser pulses applied at a frequency of 7 Hz. The inter-train interval  
 6 was 7-10 seconds. To avoid skin overheating, the target of the laser was displaced  
 7 immediately after each pulse, using a flat mirror set on a two-axis computer-  
 8 controlled device powered by two servo-motors. The displacement followed a 4x4  
 9 zigzag path such that the same spot was stimulated only once within each train. The  
 10 distance between two consecutive stimuli was ~5 mm. The stimuli were applied using  
 11 two different energies. The high energy activated both A $\delta$ - and C-nociceptors  
 12 (stimulus 'A $\delta$ +C'), whereas the low energy activated C-nociceptors selectively  
 13 (stimulus 'C').

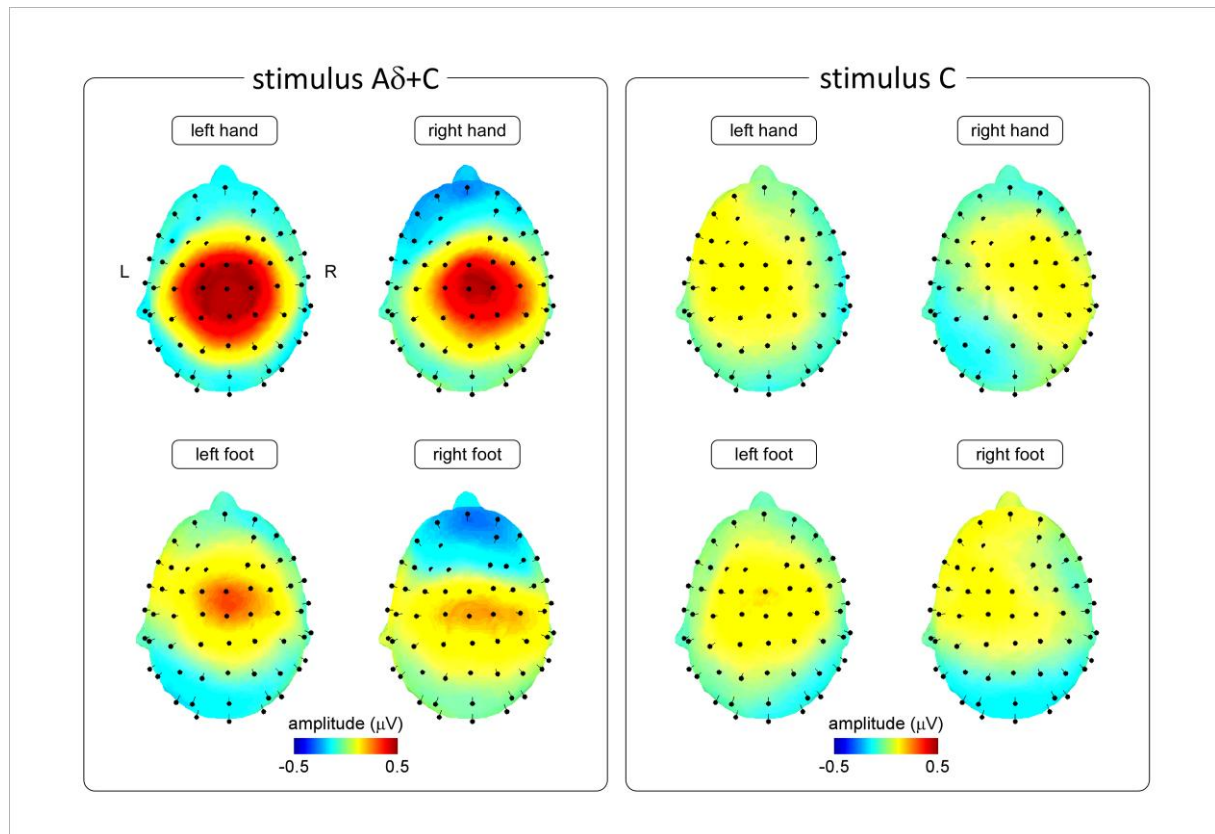


1 Figure 2. Rapid periodic stimulation of non-nociceptive A $\beta$ -fibres. Innocuous  
 2 transcutaneous electrical pulses were delivered in 3-s long trains of rapidly repeated  
 3 low-intensity transcutaneous electrical pulses, applied to the left and right superficial  
 4 radial nerve. Each individual pulse consisted of a constant-current square wave  
 5 lasting 0.1 ms, separated by a 5-ms inter-pulse interval. The trains of stimulation  
 6 were modulated by a repeating boxcar function, such that within each train, periods  
 7 of stimulation were alternated with periods without stimulation of equal duration, with  
 8 a periodicity of 3, 6, 9, 12, 18 and 30 Hz.





1 Figure 3. Group-level average of the frequency spectrum of the EEG signals  
 2 recorded at electrode Cz during the 7-Hz periodic stimulation of A $\delta$ - and C-  
 3 nociceptors ('A $\delta$ +C' stimulus: left panel), and during the 7-Hz periodic stimulation of  
 4 C-nociceptors ('C' stimulus: right panel). The EEG spectra obtained during  
 5 stimulation are shown in dark grey, while the spectra obtained during the reference  
 6 stimulation-free period are shown in light grey (x-axis: frequency in Hz, y-axis, signal  
 7 power in  $\mu V^2$ ). The bar graphs represent the average power of the EEG signal at 7  
 8 Hz (group-level average  $\pm$  standard deviation) after subtraction of the surrounding  
 9 background noise (see Methods). Note that for all stimulus locations, the 'A $\delta$ +C'  
 10 stimulus elicited a significant SS-EP (marked by the vertical black arrows; \*  $p < .05$ ).  
 11 In contrast, the 'C' stimulus did not elicit a significant increase of power in the EEG  
 12 signal.



1  
2 Figure 4. Scalp topography of the nociceptive SS-EPs elicited by 7-Hz periodic  
3 stimulation of A $\delta$ - and C-nociceptors ('A $\delta$ +C' stimulus: left panel), and during the 7-  
4 Hz periodic stimulation of C-nociceptors ('C' stimulus: right panel). The scalp maps  
5 represent the topographical distribution of the stimulus-induced increase in EEG  
6 signal power at the frequency of stimulation, following stimulation of the left and right  
7 hand and foot dorsum (group-level average; see Methods). Note that for all stimulus  
8 locations, the 'A $\delta$ +C' stimulus elicited a consistent SS-EP whose scalp topography  
9 was maximal at the vertex (electrode Cz). Also note that the 'C' stimulus did not elicit  
10 a consistent SS-EP.

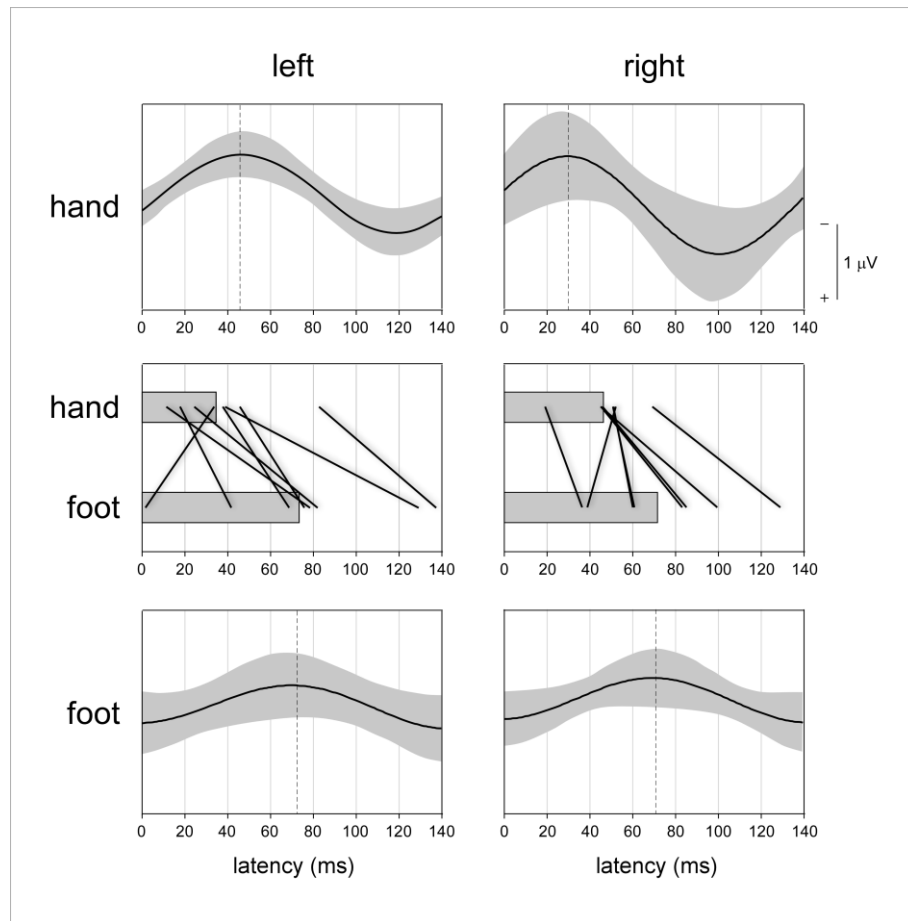


Figure 5. Upper and lower panels show the group-level average ( $\pm$  standard deviation, shown in light grey) of the time course of the SS-EPs induced by periodic 7 Hz nociceptive stimulation of A $\delta$ - and C-nociceptors, applied to the left and right hand dorsum (upper graphs) and the left and right foot dorsum (lower graphs). Electrode Cz vs. average reference, x-axis: time in milliseconds relative to stimulus onset, y-axis: amplitude in  $\mu V$ . The middle panel shows the estimated latency of the nociceptive SS-EPs obtained at each of the four stimulation sites (see Methods for details). Single-subject latencies are represented as connecting straight lines, while group-level averages are shown using horizontal bars. Note that, regardless of the stimulated side, the time courses of the lower-limb SS-EPs are consistently delayed as compared to the time courses of the upper-limb SS-EPs.

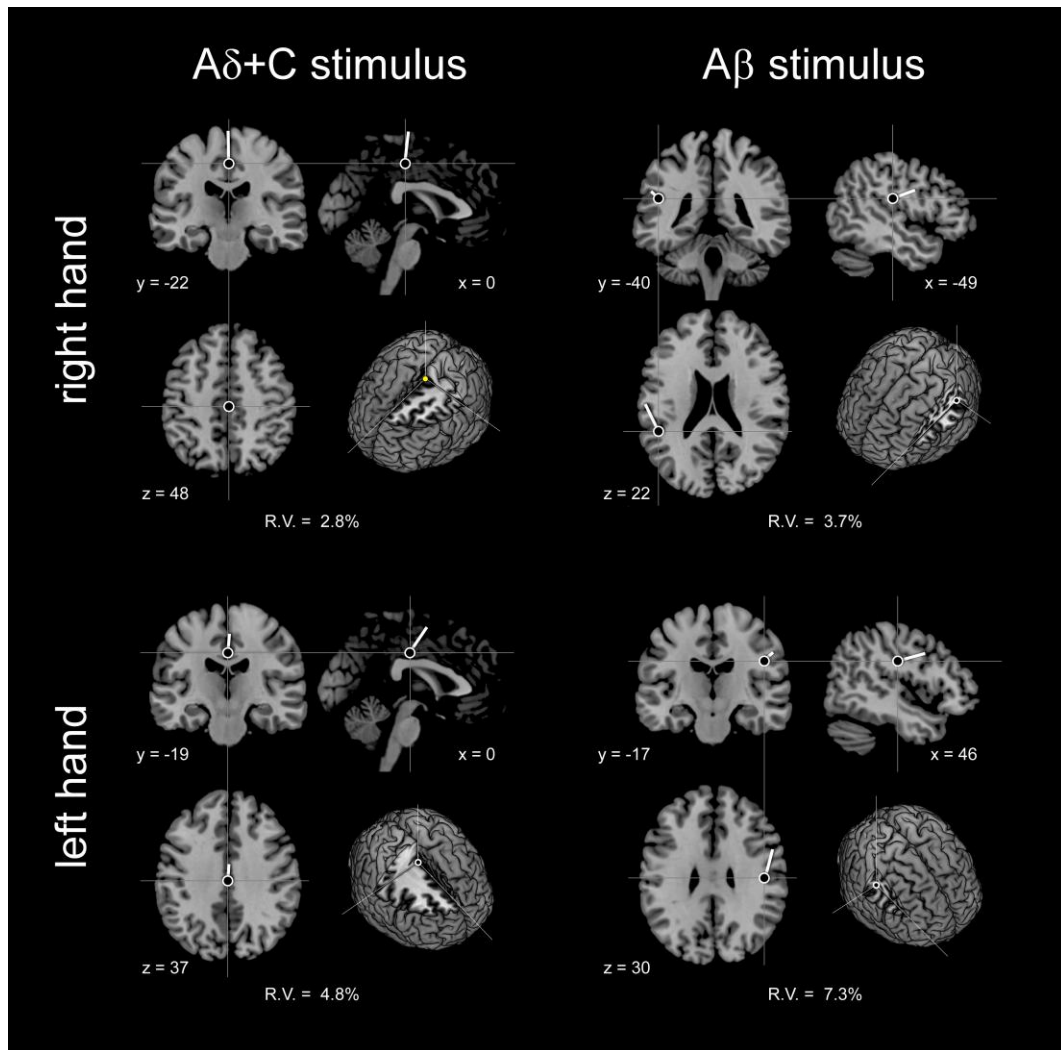
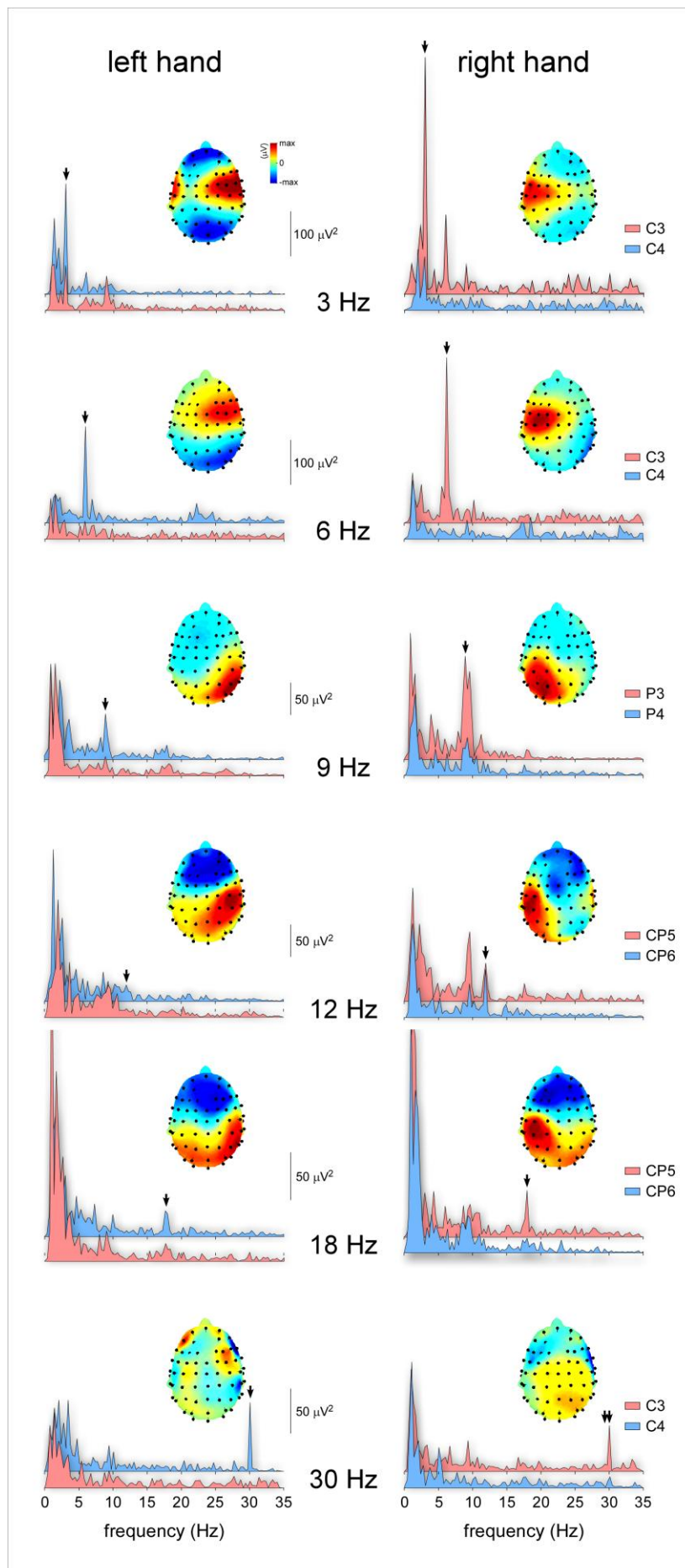


Figure 6. Source analysis of the nociceptive SS-EPs elicited by 7 Hz thermal nociceptive stimulation of  $A\delta$ - and C- nociceptors (left graphs), and the SS-EPs elicited by 6 Hz non-nociceptive stimulation of  $A\beta$ -fibres (right graphs). Results obtained following stimulation of the left and right hands are shown in the upper and lower graphs, respectively. Source locations were modelled by fitting a single equivalent dipole to the group-level topographical maps of the corresponding nociceptive and non-nociceptive SS-EPs (see Methods). Note that while the nociceptive SS-EPs were best modelled as a single radial dipole consistently located near the midline, the non-nociceptive SS-EPs were best modelled as a single tangential dipole, lateralized in the parietal lobe contralateral to the stimulated side.



1 Figure 7. Group-level average of the non-nociceptive somatosensory SS-EPs elicited  
2 by 3, 6, 9, 12, 18 and 30 Hz periodic electrical stimulation of A $\beta$ -fibres. Left panel:  
3 SS-EPs elicited by stimulation of the left hand. Right panel: SS-EPs elicited by  
4 stimulation of the right hand. The spectra represent the EEG signal power (x-axis:  
5 frequency in Hz, y-axis, signal power in  $\mu V^2$ ) obtained at two symmetrical parietal  
6 electrodes (light red: electrode positioned over the left hemisphere, light blue:  
7 electrode positioned over the right hemisphere). The scalp maps represent the  
8 topographical distribution of the SS-EPs elicited using the different frequencies of  
9 stimulation. Note that at all frequencies, the stimulus elicited a consistent SS-EP  
10 whose scalp topography was markedly lateralized over the hemisphere contralateral  
11 to the stimulated side.